

Prices 2008

Direct access with lift to the alpine brine-bath, spa and fitness centre (gym, physiotherapy, electrotherapy, massages, sauna, steam-bath, solarium, brine envelopments, medical advice). Tennis, cross-country skiing, ski club and golf at Riederalp, pétanque, table tennis, garden-chess.

Price per day: with breakfast per person, VAT included					
3 – 5 persons		2 persons		1 person	
DOUBLE ROOM STANDARD					
	Fr. 120	€ 75	Fr. 150	€ 94	
DOUBLE ROOM GARDEN VIEW					
	Fr. 130	€ 81	Fr. 162	€ 102	
SUITE STANDARD					
Fr. 108	€ 68	Fr. 136	€ 85	Fr. 171	€ 107
SUITE GARDEN VIEW					
Fr. 120	€ 75	Fr. 150	€ 94	Fr. 187	€ 117
SUITE WELLNESS (Weekend + Fr. 20 per night)					
GARDEN VIEW		Fr. 185	€ 116	Fr. 250	€ 156
STANDARD		Fr. 159	€ 99	Fr. 225	€ 141
FAMILY ROOM (per room; 1-2 children <16 years free!)					
Fr. 345	€ 216	Fr. 285	€ 178	Fr. 195	€ 122
DEPENDANCE ALETSCHE (at 50 m from the main building)					
Fr. 85	€ 53	Fr. 95	€ 59	Fr. 115	€ 72

Reductions: Children in a separate room receive 50% off.

Dinner: menu with 4 courses € 23.– **Fr. 36.–**
 menu ‚Wellness‘ (3 courses) € 19.– **Fr. 30.–**

Menu for children under 12 years € 9.– **Fr. 14.–**

The dinner (normal, low-calories or vegetarian menu) is served in the nearby restaurant Taverne (50 m away, stair with 15 steps).

small animals (without care) € 3.– **Fr. 5.–**



OPENING TIMES FOR OUR HOTEL-GUESTS

BRINE-SPA + FITNESS

Monday to Friday	07.30 – 12.00	15.00 – 21.00
Saturday + Sunday	07.30 – 12.00	13.00 – 19.00
children (4 – 14 years)	09.00 – 12.00	15.00 – 18.00

WELLNESS AREA

(sauna, steam-bath; from 14 years on)

Monday to Friday	09.00 – 11.00	15.00 – 21.00
Saturday + Sunday	09.00 – 11.00	15.00 – 19.00
Monday, Wednesday and Friday morning the wellness is reserved for women on.		



Price per week: with breakfast per person, VAT included

3 – 5 persons		2 persons		1 person	
DOUBLE ROOM STANDARD					
	Fr. 798	€ 499	Fr. 994	€ 621	
DOUBLE ROOM GARDEN VIEW					
	Fr. 868	€ 543	Fr. 1078	€ 674	
SUITE STANDARD					
Fr. 721	€ 451	Fr. 903	€ 564	Fr. 1134	€ 709
SUITE GARDEN VIEW					
Fr. 798	€ 499	Fr. 994	€ 621	Fr. 1246	€ 779
SUITE WELLNESS (Weekend + Fr. 20 per night)					
GARDEN VIEW		Fr. 1267	€ 792	Fr. 1701	€ 1063
STANDARD		Fr. 1099	€ 687	Fr. 1533	€ 958
DEPENDANCE ALETSCHE (at 50 m from the main building)					
Fr. 567	€ 354	Fr. 630	€ 394	Fr. 763	€ 477

Our prices include the following ‚SPA all inclusive‘-package:

- Room or suite with bath/toilet, balcony or terrace, tv, telephone with direct line
- Breakfast buffet in breakfast room or room service
- Free coffee and tea served in the lounge (self service)
- Direct inhouse-entrance to spa and wellness centre
- Use of towels and bathing gear during stay
- Unlimited daily use of saline pool (in summer with garden terrace)
- Free use of steam bath, sauna, fitness area and tea-bar
- Water gymnastics (3 times a week at 07.30)
- Transfer train station to hotel for arrivals and departures
- Hotel garaging for your private car
- Heating, resort taxes, VAT and service charges
- 9 hole golf course at Riederalp (additional fee applies)
- Free use of the tennis court
- Free entrance to Breiten Skiclub on the Riederalp
- Free entrance to the club „IM GRÜNEN“ (bowling)
- Free use of the internet-corner and the WLAN-hotspot
- During the winter: Sport bus between hotel and cable-car according to time-table

Our hotel Salina Maris is fully accredited for medical purposes by the Swiss Federal Department of Internal Affairs as a spa (according to Article 40 of the Swiss Federal Law on Medical Insurance) (santésuisse N° V 7017.23).

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An island lost in the sea of time

3 days



In the prices (per person) for 3 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 3 overnight stays with breakfast

- 1 massage (Mon - Fri) or 2 beauty or curative-bath
- 1 x tanning bed and 1 inhalation

2 persons in double-room standard	€ 261.-	Fr. 412.-
2 persons in double-room garden view	€ 281.-	Fr. 442.-
2 pers. in a suite wellness standard	€ 238.-	Fr. 529.-
3 to 5 pers. in suite with garden view	€ 246.-	Fr. 412.-
1 person in double-room standard	€ 319.-	Fr. 502.-
1 person in double-room garden view	€ 343.-	Fr. 538.-
Half board incl. 1 candlelight-dinner	€ 88.-	Fr. 140.-

Beauty of the mountains

wellfeeling an nature

4 days



In the prices (per person) for 2 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 2 overnight stays with breakfast

- 1 beauty or curative bath in the jacuzzi
- 1 full body massage, 2 x tanning bed
- 1 day ticket to the Moosfluh; hiking possibility

2 persons in double-room standard	€ 370.-	Fr. 599.-
2 persons in double-room garden view	€ 394.-	Fr. 639.-
3 to 5 pers. in suite with garden view	€ 370.-	Fr. 599.-
1 person in double-room garden view	€ 473.-	Fr. 767.-
1 person in the dépendance Aletsch	€ 357.-	Fr. 579.-
Half-board (menus with 4 courses)	€ 88.-	Fr. 140.-

Wellness at Breiten

sun, fun & nothing to do

7 days



In the prices (per person) for 7 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 7 overnight stays with breakfast
- 2 massages of 25 minutes each; 2 salt envelopments

- 2 beauty or curative-baths in our jacuzzi
- 3 x tanning bed, 3 salt inhalations

2 persons in double-room standard	€ 643.-	Fr. 1041.-
2 persons in double-room garden view	€ 686.-	Fr. 1111.-
2 persons in wellness suite standard	€ 821.-	Fr. 1314.-
3 to 4 pers. in Dépendance Aletsch	€ 491.-	Fr. 796.-
3 to 5 pers. in suite with garden view	€ 643.-	Fr. 1041.-
1 person in double-room standard	€ 772.-	Fr. 1251.-
1 person in double-room garden view	€ 824.-	Fr. 1335.-
Half-board (menus with 4 courses)	€ 158.-	Fr. 245.-

Snowshoe hiking

NEW: every week

7 days



In the prices (per person) for 7 days are included:

- 7 overnight stays with breakfast

- 5 guided excursions incl. transport

2 persons in double-room standard	€ 677.-	Fr. 1097.-
2 persons in double-room garden view	€ 720.-	Fr. 1167.-
2 persons in dépendance Aletsch	€ 569.-	Fr. 922.-
3 to 5 persons in suite standard	€ 625.-	Fr. 1013.-
1 person in double-room standard	€ 807.-	Fr. 1307.-
1 person in double-room garden view	€ 859.-	Fr. 1391.-
Half-board (menus with 4 courses)	€ 151.-	Fr. 245.-

Burn - In

Antistress - relax and get new energy

7 days



In the prices (per person) for 7 days are included:

- 7 overnight stays with breakfast

- 6 days ski-card 'Aletsch' (incl. cable-car from Mörel)
- skibus from the hotel to the cable-car station (time-table)
- Use of the swimming-pool, the wellness area and the gym

2 persons in double-room standard	€ 691.-	Fr. 1120.-
2 persons in double-room garden view	€ 734.-	Fr. 1190.-
2 persons in the dépendance Aletsch	€ 575.-	Fr. 931.-
3 - 5 persons in a suite standard	€ 635.-	Fr. 1029.-
1 person in double-room standard	€ 821.-	Fr. 1330.-
1 person in double-room garden view	€ 873.-	Fr. 1414.-
Supplément 'ski school' (5 x ½ day)	+€ 117.-	+Fr. 190.-

Offre spéciale 07/08: 15.-22. 12. • 5.-12. 1. • 12.-19. 1. 19. - 23.1. • 1.-3.3. • 8.-15.3. • 29.3.-5.4.

World heritage Aletsch

3/5 days



In the prices (per person) for 3/5 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 2 or 5 overnight stays with breakfast
- 1 Panorama-map „Aletsch“
- 1 day ticket to the Moosfluh and/or 1 day ticket to the Egghorn (2927 m); view to the glacier and hiking possibility

- 1 beauty or curative bath in our jacuzzi

Prices 3/5 nights per person:	5 days	2 days
2 persons in double-room standard	Fr. 665.–	Fr. 288.–
2 persons in double-room garden view	Fr. 715.–	Fr. 308.–
2 persons in a suite wellness standard	Fr. 860.–	Fr. 366.–
2 persons in Dépendance Aletsch	Fr. 540.–	Fr. 238.–
3 to 5 persons in suite standard	Fr. 605.–	Fr. 264.–
3 to 5 pers. in suite with garden view	Fr. 665.–	Fr. 288.–
1 person in double-room standard	Fr. 815.–	Fr. 348.–
1 person in double-room garden view	Fr. 875.–	Fr. 372.–
1 person in Dépendance Aletsch	Fr. 640.–	Fr. 278.–
Half-board (menus with 4 courses)	Fr. 175.–	Fr. 70.–

Self-guided walking weeks

6 days



In the prices (per person) for 3 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 6 overnight stays with breakfast
- 5 walks including maps, and detailed walking route notes

- 2 beauty or curative bath in our jacuzzi

Prices for 6 nights per person:	€	Fr.
2 persons in double-room standard	€ 588.–	Fr. 953.–
2 persons in double-room garden view	€ 625.–	Fr. 1013.–
2 persons in suite wellness standard	€ 738.–	Fr. 1187.–
2 persons in dépendance Aletsch	€ 496.–	Fr. 803.–
3 to 5 pers. in dépendance Aletsch	€ 459.–	Fr. 743.–
3 to 5 pers. in suite with garden view	€ 588.–	Fr. 953.–
1 person in double-room standard	€ 699.–	Fr. 1133.–
1 person in double-room garden view	€ 744.–	Fr. 1205.–
Half-board (menus with 4 courses)	€ 135.–	Fr. 210.–

Hiking in Breiten

hiking, bathing, mountain comradeship

7 days



In the prices (per person) for 7 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 7 overnight stays with breakfast
- 5 guided hiking excursions including all transports

Prices for 7 days per person:	€	Fr.
2 persons in double-room standard	€ 677.–	Fr. 1097.–
2 persons in double-room garden view	€ 720.–	Fr. 1167.–
2 persons in Dépendance Aletsch	€ 659.–	Fr. 922.–
3 - 5 persons in suite standard	€ 625.–	Fr. 1013.–
3 - 5 pers. in suite with garden view	€ 677.–	Fr. 1097.–
3 to 5 persons in dépendance Aletsch	€ 526.–	Fr. 852.–
1 person in double-room standard	€ 807.–	Fr. 1307.–
1 person in double-room garden view	€ 859.–	Fr. 1391.–
1 person in dépendance Aletsch	€ 656.–	Fr. 1062.–
Half-board (menus with 4 courses)	€ 149.–	Fr. 238.–

Hiking dates summer 2008

14. - 21. june • 5. - 12. july • 12. - 19. july • 26. july - 2. august • 16. - 23. august • 23. - 30. august • 30. august - 6. sept. • 13. - 20. sept. • 27. sept. - 4. october

Hiking tours summer 2005

World heritage Aletsch • Water trail Bürchen • Saas Fee • Binn valley • Binner Galen • Rosswald • Foluhorn

Family - Hit

5 days incl. halfboard

5 days



In the prices (per person) for 5 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 5 nights in family suite
- Breakfast buffet
- Half-board (menu with 3 courses) in the Rest. Taverne

Prices 5 days for the whole family:

1 adults and 1 - 2 children	€ 735.–	Fr. 1190.–
2 adults and 1 - 2 children	€ 1105.–	Fr. 1785.–
3 adults and 1 - 2 children	€ 1377.–	Fr. 2230.–
Extra charge for more children	€ 59.–	Fr. 95.–
Extra charge menu with 4 courses	€ 59.–	Fr. 95.–

Additional night per family:

1 adults and 1 - 2 children	€ 149.–	Fr. 239.–
2 adults and 1 - 2 children	€ 224.–	Fr. 359.–
Extra charge for more children	€ 16.–	Fr. 25.–
Extra charge menu with 4 courses	€ 16.–	Fr. 25.–

We'll get you in shape!

health, relaxation, nature!

6 days



In the prices (per person) for 6 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 6 overnight stays with breakfast
- 1 diagnosis with our therapist; 3 massages; 3 warm salt

envelopments; 3 beauty baths; 3 salt inhalations
• Depending on season: 1 guided hike or an excursion on Moosfluh or 1 hike with snowshoes or a ski day.

2 persons in double-room standard	€ 657.-	Fr. 1064.-
2 persons in double-room garden view	€ 694.-	Fr. 1124.-
2 persons in suite wellness (jacuzzi)	€ 898.-	Fr. 1454.-
3 to 5 pers. in suite with garden view	€ 657.-	Fr. 1064.-
1 person in double-room standard	€ 768.-	Fr. 1244.-
1 person in double-room garden view	€ 812.-	Fr. 1316.-
Half-board (menus with four courses)	€ 130.-	Fr. 210.-

Light and well

slimming, purging, health

7 days



In the prices (per person) for 7 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- 7 overnight stays with breakfast in your room
- Menu A for weight-reduction or menu B for purging
- 3 body treatments Phyto5™ for weight-reduction

- 3 lymphatic drainage, 1 salt envelopment
- 3 beauty bathes in our jacuzzi
- every day fresh natural whey or fruits as meals in between

2 persons in double-room standard	€ 1076.-	Fr. 1743.-
2 persons in double-room garden view	€ 1119.-	Fr. 1813.-
2 pers. in suite wellness garden view	€ 1244.-	Fr. 2016.-
2 persons in the dépendance Aletsch	€ 968.-	Fr. 1568.-
3 to 5 pers. in suite with garden view	€ 1076.-	Fr. 1743.-
1 person in double-room standard	€ 1206.-	Fr. 1953.-
1 person in double-room garden view	€ 1257.-	Fr. 2037.-
1 person in Dépendance Aletsch	€ 1054.-	Fr. 1708.-

10% reduction if you stay 14 days!

Fit and slim

slimming- and purging cure

14 days



In the prices (per person) for 14 days are included in addition to our 'SPA all inclusive package' (s. page 1):

- Menu A for optimal weight-reduction or menu B for optimal purging
- nutritional information (in German or French)
- 5 – 6 guided rambling afternoons
- 2 massages of 25 minutes, 2 visits to the doctor

- a weekly beauty-bath with whey
- every day fresh natural whey or fruits as meals in between

2 persons in double-room standard	€ 1548.-	Fr. 2399.-
2 persons in double-room garden view	€ 1638.-	Fr. 2539.-
2 persons in suite with garden view	€ 1819.-	Fr. 2819.-
2 persons in the dépendance Aletsch	€ 1350.-	Fr. 2093.-
1 person in double-room standard	€ 1819.-	Fr. 2819.-
1 person in double-room garden view	€ 1927.-	Fr. 2987.-
1 person in the dépendance Aletsch	€ 1535.-	Fr. 2380.-

Dates 2008

10. to 24. may

24. may to 7. june

20. september to 4. october

4. to 18. october

All the useful facts

about the brine-spa Breiten

WHAT ARE THE BENEFITS OF NATURAL BRINE?

Since antiquity, salt water has been valued for its healing properties. Especially when heated to a temperature of 33° C, as is invariably our practice, salt water is known to have a very favourable to excellent curative effect on the following diseases and disorders:

1. Diseases of the skeleton, sustentacular tissue + locomotor system:
 - a) rheumatic spectrum disorders: arthropathies, osteochondritis, „slipped disk“, chronic arthritis, soft tissue rheumatism;
 - b) mechanical impairments: locomotor impairments following injuries, also Sudeck syndrome; post-operative treatment following orthopaedic surgery and neurosurgery
2. Metabolic disorders: obesity
3. Gynaecological disorders: sub-chronic inflammation of the pelvic organs, menstrual disorders, climacteric complaints.
4. Diseases of the heart and circulatory organs: blood pressure

control disorders, arterial and venous circulatory disorders; nervous and functional cardio-vascular disorders.

5. Diseases of the respiratory organs: sub-acute and chronic diseases of the upper respiratory tract and the bronchia.
6. Degenerative and ageing disorders: stress syndromes; burn-out

WHAT IS BRINE?

In Breiten we use brine from Schweizerhalle in a concentration of approx. 10 % (3 % salt and mineral concentration, which is about the same as in the Mediterian Sea) for our saline spa.

On the banks of the sea under the influence of wind and sun, the salt crystallises, slowly sets and over millions of years leaves behind large deposits of salt. Since over 100 years the Swiss Rheinsalinen has mined these. The salt left lying in the ocean at depths between 140 and 400 metres is naturally turned into brine. This fluid is pumped to the surface and is regularly delivered in large tanks to Breiten.